

## **HIPPOTHERAPY PROGRAM**

Hippotherapy is performed by a licensed Occupational, Physical and/or Speech Therapist (OT, PT, ST) who has been specially trained to use the movement of the horse to facilitate improvements in their client/patient. It does not teach the client how to ride the horse. Therapists use traditional techniques such as NDT (neurodevelopment treatment) and SI (sensory integration) along with the movement of the horse as part of their treatment strategy. The goals of therapy are improving balance, coordination, posture, fine motor control, improving articulation and increasing cognitive skills. The training for therapists is provided by a curriculum of courses offered by the American Hippotherapy Association ([www.americanhippotherapyassociation.org](http://www.americanhippotherapyassociation.org)). For more information, please e-mail Chesapeake Therapeutic Riding at [info@chesapeaketherapeuticriding.org](mailto:info@chesapeaketherapeuticriding.org) or call 410-914-5183.